



Palliative Care Services

“You treat a disease, you win, you lose.
You treat a person, I guarantee you,
you’ll win, no matter what the outcome.”

PATCH ADAMS



What is palliative care? Palliative care is designed to focus on the patient and their family and is offered to anyone who has a serious or life-limiting illness. We are a resource to patients at any stage of their illness. We work in conjunction with your primary care provider and specialists to determine the best symptom management options for you. Our goal is to improve your quality of life by ensuring you achieve optimal symptom management.

nchha.org | 603.444.5317

536 COTTAGE STREET, LITTLETON, NH 03561

Office Hours Monday–Friday | 8:00am–4:30pm

24/7 ON-CALL NURSING SUPPORT

GOALS OF PALLIATIVE CARE

1. Provide relief from pain and other distressing symptoms.
2. Assist the patient with meeting their goals and improve health where possible for better quality of life.
3. Ensure patient and family have an understanding of disease and treatment options.
4. Offer a support system to the patient and family through our clinical and support services team.

PALLIATIVE CARE SERVICES

- Consultation with a provider and/or medical social worker
- Advanced care planning
- Social and spiritual support
- Bereavement and grief support
- Review of medical record
- Symptom management in consultation with provider care team (PCP)

WHEN TO UTILIZE PALLIATIVE CARE

A referral to our Palliative Care program can be made by your PCP, specialist or yourself if you have one or more of the following:

1. You have been diagnosed with a serious or life-limiting illness.
2. You want to discuss advanced care planning with your family and a practitioner in your home.
3. You are struggling with symptom management or side effects from your disease/treatment.
4. You feel fatigue, making it difficult to attend appointments.
5. You are unsure what the future of your disease may look like.

NORTH COUNTRY HOME HEALTH & HOSPICE AGENCY is a Medicare certified, non-profit organization and a member agency of the Home Care, Hospice & Palliative Care Alliance of New Hampshire.

To report concerns about home care, call the Medicare Hotline at 800.633.4227.